



# High Holy Days 5772 Service Schedule



## SELICHOT

<i>Pre-Service Program</i> .....	7:30pm
<i>Selichot Service</i> .....	10:00pm

## SEPTEMBER 24, 2011

## ROSH HASHANAH

<b>Erev Rosh Hashanah</b>	<b>Wednesday, September 28</b>
<i>Evening Service followed by Kiddush</i> .....	7:00pm

## SEPTEMBER 28 – 30, 2011

<b>Day 1 Rosh Hashanah</b>	<b>Thursday, September 29</b>
<i>Morning Services</i> .....	9:00am
<i>Torah Service</i> .....	9:45am
<i>Blessing of New Babies</i> .....	10:30am
<i>Children's Programming</i> .....	10:30am–12:30pm
<i>End of Services</i> .....	1:00pm
<i>Childcare (Sisterhood Sponsored)</i> .....	9:15am-1:15pm

<i>Picnic at Mother's Beach</i> .....	4:30pm
<i>Tashlich at Mother's Beach</i> .....	6:00pm

<b>Day 2 Rosh Hashanah</b>	<b>Friday, September 30</b>
<i>Morning Services</i> .....	9:00am
<i>Torah Service</i> .....	9:45am
<i>End of Services</i> .....	1:00pm
<i>Childcare (Sisterhood Sponsored)</i> .....	9:15am-1:15pm

## YOM KIPPUR

<b>Erev Yom Kippur</b>	<b>Friday, October 7</b>
<i>Kol Nidrei</i> .....	6:00pm
<i>End of Services</i> .....	8:30pm

## OCTOBER 7-8, 2011

<b>Yom Kippur</b>	<b>Shabbat, October 8</b>
<i>Morning Services</i> .....	9:00am
<i>Torah Service</i> .....	9:45am
<i>Yizkor Service</i> .....	10:45am
<i>Children's Programming</i> .....	10:30am–12:30pm
<i>End of Services and Break</i> .....	1:30pm
<i>Childcare (Sisterhood Sponsored)</i> .....	9:15am-1:15pm

<i>Mincha Service</i> .....	4:30pm
<i>N'eilah-Closing Service</i> .....	6:00pm
<i>Maariv (Break the fast follows)</i> .....	7:15pm

### High Holiday Practices

The 10-day period beginning with Rosh Hashanah and ending with Yom Kippur is known as the Ten Days of Repentance. Yom Kippur is known as Shabbat Shabbaton, the Sabbath of Sabbaths, and is the holiest day of the year. Even when Yom Kippur does not fall on Shabbat, all of the restrictions of Shabbat apply and the leniencies of Yom Tov (ability to cook, use fire, or carry) do not apply. Additionally, we are prohibited from eating, drinking, engaging in sexual relations, bathing (except for minimal washing of the hands after relieving oneself), anointing oneself (using creams, lotions, perfumes), and wearing leather shoes. It is customary to wear white and to don shoes that have no leather. Some wear a kittel (plain white linen robe) during services. The Tallit is worn at all Yom Kippur services until the end of Ne'ilah. The fast is to last 25 hours and may be ended after nightfall.